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Terror hits home

Comrades of Cpl. Nathan Cirillo pay their respects **PAGE 8**
Woman recalls efforts to save dying soldier's life **PAGE 9**
Harper took refuge in a closet during shooting **PAGE 10**
Shelter residents say gunman 'weird' but 'likable' **PAGE 12**

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How could this happen?

Brazen attack. Videos reveal gunman went untouched for two minutes en route from War Memorial to Parliament

 **LUCY SCHOLEY**
Metro in Ottawa

No one intercepted Michael Joseph Zehaf Bibeau during the nearly two minutes it took him to bolt from one car and hijack another on his way to Parliament Hill's Centre Block even though the man was openly carrying a large rifle.

The details of the shooter's deadly trip from the National War Memorial on Wednesday — where he shot and killed Cpl. Nathan Cirillo — up to the steps of the Hill have now been revealed through videos released by the RCMP.

The footage clearly shows the 32-year-old bearing a rifle and running up the Hill, with people fleeing his path.



Michael Zehaf Bibeau is shown carrying a gun while running toward Parliament Hill in Ottawa on Wednesday. RCMP/THE CANADIAN PRESS

What transpired behind the front doors of Centre Block is still unclear and the RCMP say they are aware of the questions about their role in guarding the Parliamentary Precinct.

"I can tell you, it is certainly a challenging security environment," said RCMP Commissioner Bob Paulson in his statement on Thursday.

"We must balance the need to be responsive to potential threats and risks to our Parliamentarians, their staff and the general public, with the freedom to allow for secure and democratic access in and around our institutions of government."

Zehaf Bibeau fired two bullets at Cirillo at around 9:50 a.m. outside the National

War Memorial. He fired his .30-30, lever-action Winchester rifle at a second guard, but missed. According to the RCMP, witnesses heard Zehaf Bibeau yelling something in English and running north.

He used a beige car to drive to Wellington Street, where he parked out front and ran towards the East Block. He hijacked a ministerial car and

drove towards Centre Block before parking nearby and running toward the main doors. RCMP officers in cruisers noticed the hijacking and pursued in their cars, but couldn't get to Zehaf Bibeau before he jumped out, and ran inside Centre Block.

The rampage lasted about four minutes.

It was quick, and security

on Parliament Hill was at a medium level — like it has been for years — said Paulson. It's currently at an "elevated level" and will be as the investigation continues, he said.

Zehaf Bibeau, who was believed to have "radical" views, was not on an RCMP watchlist. He had been in Ottawa since at least Oct. 2, to deal with a passport application. He was planning to head to Syria. Police believe his passport may have been a motive in the shooting, as were his "radical" views.

A focus of the investigation is how he obtained the beige car, which he bought on Tuesday.

Police believe the gunman acted alone, despite rumours that there was more than one individual. RCMP also have no information linking the shooting to the hit-and-run attack on two soldiers in St-Jean-sur-le-Richelieu, Que., earlier this week.

"There is no way of knowing where or when such an attack could take place," said Paulson.

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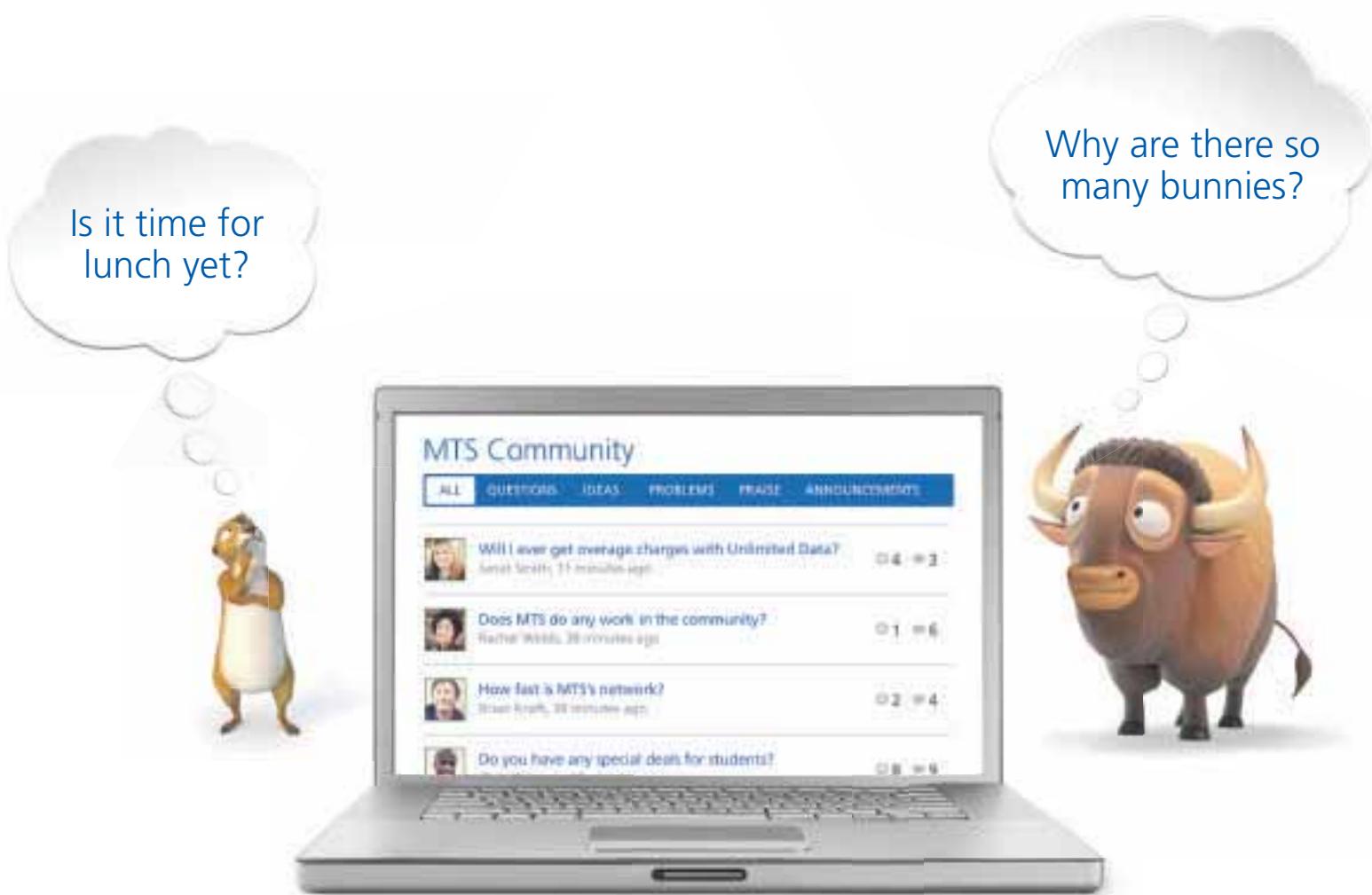
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Nenshi, Iveson campaigns

Bowman got some good advice

The political campaigns of Calgary Mayor Naheed Nenshi and his counterpart in Edmonton Don Iveson didn't just inspire Winnipeg's new Mayor Brian Bowman — they gifted him real, sound advice.

"I have yet to meet Mayor Nenshi, but my wife and I have a close friend that was one of the architects of Mayor Nenshi's first campaign," he said.

"He was an incredible counsel to us ... we were able to learn what they did and to try to make it our own, and use what worked for us."

Bowman added that he's "certainly not Nenshi, I'm Brian, and there's only one Nenshi, but we wanted to learn and we wanted to improve upon some of the campaign tactics."

As for Iveson, Bowman said before announcing his mayoral candidacy, he met Iveson's campaign manager while visiting the Alberta capital for work.

"What's funny is his campaign manager was an old high-school friend of Don Iveson, and my campaign manager is an old high-school friend of mine."

BERNICE PONTANILLA/METRO

Let's do this openly: Mayor-elect Bowman



Mayor-elect Brian Bowman holds a smartphone on the campaign trail.

BERNICE PONTANILLA/METRO

Election day aftermath. It's time to shine light in 'dark corners' of city hall, says Winnipeg's soon-to-be new mayor

 **EELISHA DACEY**
elisha.dacey@metronews.ca

With his voice a little raspy from talking all day, mayor-elect and privacy lawyer Brian Bowman says his first priority is to establish better communications with Winnipeggers.

"The first big decision is going to be the selection of the CAO," said Bowman Thursday afternoon. "But beyond that, one of the things I do want to move quickly on is demon-

Quoted

"I think we're all ready to get to work."

Mayor-elect Brian Bowman

strating that we're going to make city hall open and transparent."

"The 100-day action plan that we announced (during the campaign) is really going to be the broad road map."

Bowman, who was elected mayor Wednesday night, spent the next day talking to media, Premier Greg Selinger, some of the councillors and was planning a one-on-one conversation with Mayor Sam Katz.

"Between now and Nov. 4 we'll be assembling a transition team and working with our current mayor to get ready to hit the ground running."

Bowman said he wasn't ready to talk about his plans for Executive Policy Committee when he and his fellow councillors are sworn in on Nov. 4. During the campaign, he pledged to have his council elect committee chairs, who make up EPC, along with a few other councillors.

He did say, however, that he was pleased with the mix of fresh faces and current councillors and hoped to foster cooperation. "I think we're all ready to get to work."

Despite late voter rush, polls closed at 8 p.m.

Polling stations during Wednesday's civic election weren't kept open to deal with latecomers to long lines of voters, a city official said on Thursday.

Metro Winnipeg received several reports that lines grew and voting slowed down significantly at some poll locations after 6 p.m., with one Winnipegger saying she saw people

leave instead of waiting 45 minutes to vote.

Michelle Bailey, spokesperson for the City of Winnipeg, said "it would have to be a real extenuating circumstance" for voting hours to be extended past 8 p.m. and Wednesday's late rush didn't warrant it.

Bailey said the standard practice is for election volun-

teers or staff to stand at the end of lines right at 8 p.m. so no more voters join it and doors to the community clubs, schools or other polling locations are closed.

"Anybody who is in line prior to 8 o'clock will get to vote," she said, but latecomers are turned away.

BERNICE PONTANILLA/METRO

Suffrage selfie?

Photos people took of themselves voting were widely circulated on social media sites on Wednesday — however, this is strictly against the rules.

- City spokesperson Michelle Bailey said there are "no cellphones past this point" signs at polling booths, but readily admits it's quite difficult to enforce.

A large advertisement for Royal Fork Buffet. The top left features a crown icon and the text "Royal Fork Buffet". Below that is a red circular logo for "ORIENTAL PEARL". To the right is a large "25th Anniversary" graphic. The center of the ad shows a variety of food on a buffet line, including sushi, salads, and other international dishes. The text "Come Celebrate with Us!" is written in large, stylized yellow letters. The right side of the ad features the text "All Adults receive 25% OFF lunch and dinner for October!" in large yellow letters. At the bottom, the phone number "(204) 668-1960" and address "Unit 900-1615 Regent Ave. W" are listed, along with the website "www.royalforkwinnipeg.com".

1
NEWS

Alcohol involved. Twin brothers charged with assaulting officers

Winnipeg police say they've arrested twin brothers after the pair got into a consensual, drunken fight — and allegedly assaulted two officers sent to break it up.

Police were called to a home in the 500 block of Boyd Avenue around 10:15 p.m. Tuesday for the report of a fight.

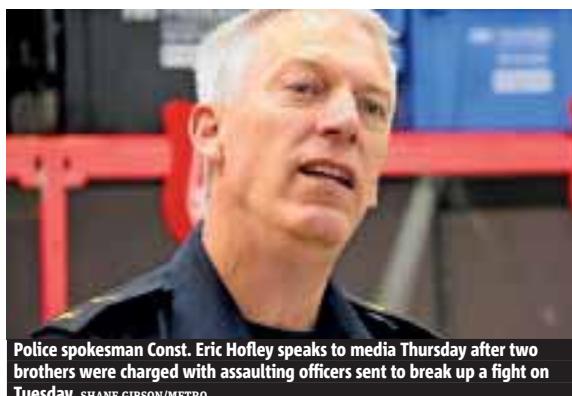
As officers tried to break up the brawl, one of the suspects became belligerent and started assaulting one of the officers, according to police spokesman Const. Eric Hofley.

As the second officer stepped in to help, Hofley said, the suspect's brother then joined the melee and grabbed hold of the second officer.

The officers were eventually able to gain control of the suspects, but not before they both suffered non-life threatening injuries.

Ranee Chester Thomas Green and Ricky Leslie Green, both 28 of Winnipeg, are each facing two counts of assaulting peace officers.

SHANE GIBSON/METRO



Police spokesman Const. Eric Hofley speaks to media Thursday after two brothers were charged with assaulting officers sent to break up a fight on Tuesday. SHANE GIBSON/METRO

Manitoba Hydro

Chief demands revenue sharing

Protesters from a northern Manitoba First Nation say they won't leave the grounds around a key power-generating station unless their demands are met.

Cross Lake Chief Catherine Merrick says Manitoba Hydro has violated her people's treaty rights and must make amends.

She says the First Nation wants a revenue-sharing agreement with the Crown corporation, as well as a public apology and a visit from Premier Greg Selinger.

Selinger bowed out of a planned trip to China because of the occupation at the Jenpeg generating station.

Merrick says the band also wants help lowering residential hydro bills, which hover around \$600 a month in the winter. THE CANADIAN PRESS

Mayor Katz gets ready to hand over the reins

Big wins in the past.

In three elections, the mayor won them all by at least 25K votes

Along the inner walls of Winnipeg's council chamber are portraits of mayors past whose imprints on civic life have been both large and small.

One, in particular, has always caught the eye of the newest member of that unique club: Sam Katz.

"Obviously Stephen Juba to me was, in my lifetime, the greatest mayor that we ever had," he said during an interview with Metro Winnipeg.

"A great man and a great mayor, no question about that, so yeah, I look at him all the time."

In 2004, Katz pledged that his time in office would only be 10 years.

This decade ended up seeing triumphs and scandal, applause and audits, or, as he likes to put it, chickens and feathers.

What does he think of his portrait joining the others?

"That's kind of humbling, to be honest with you," he said, then paused before adding, "I don't think of it, but yes, it will be."

In three elections, Katz won them all by at least 25,000 votes.

During his time, the city saw the return of professional hockey, an influx of well-known brand name stores, and record amounts of cash poured into infrastructure.

But in this week's election, Katz's name became code for what's wrong with city hall.

"I don't think I've seen an



Mayor Sam Katz smiles during a media scrum on his last council meeting day, Sept. 24. BERNICE PONTANILLA/METRO

The mayor at a glance

- **Favorite album:** "Meat Loaf's Bat Out of Hell"
- **Favourite food:** "It depends if you're talking comfort food or you're talking food that's good for ya. My diet has changed, there's no question about it. I definitely eat a lot more chicken today than I ever ate, but when it's time for
- **Favorite spots in Winnipeg:** Assiniboine Park and Forest, The Forks
- **On sports:** "I used to love playing baseball; as you get older, baseball turns into softball."

comfort food, give me a good pizza or a good cheeseburger and I'm a happy man."

"Even though the mind thinks you can do it, the body says, 'No you can't.' I love getting away and just walking."

- **What about golf?** "One day maybe, I'll become an OK golfer. I'm a hacker, I admit it, I know it, but that's the time I get to spend with some of my friends."

imprint on Winnipeg will be anything less than large, and he understands that his tenure may contain a footnote about how large projects, such as the Winnipeg Police headquarters and fire stations, were handled.

"Well yeah, I wish that when we met with some civilian representation of the WPS and outside professional con-

sultants who told me and council they could build (the police HQ) for \$105 million. Yeah, I wish they'd been right, but guess what, they were wrong and we bought into it."

Katz said he's now looking forward to spending more time with his family and returning to his businesses.

BERNICE PONTANILLA/METRO

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Monitored autopsies requested in babies case

Hearing. Defence lawyer urges caution as woman accused of concealing six bodies appears in court

A woman accused of concealing the bodies of six babies in a storage locker has

made her first appearance in court, where her lawyer asked that the autopsies be monitored.

Andrea Giesbrecht, 40, appeared via video link Thursday from the jail where she has been held since her arrest earlier this week. She did not speak during the hearing.

Giesbrecht is accused of hiding the bodies inside the storage locker at a U-Haul.

Quoted

"I don't think it's fair, in an adversarial process, that the Crown gets to control the evidence."

Defence lawyer Greg Brodsky is asking that an independent pathologist monitor the autopsies

Police have said it may take months to determine who

the infants were, how they died, how long they had been in the storage unit and whether they had been carried to term.

Because of the complexity of the autopsies, defence lawyer Greg Brodsky is asking for an independent pathologist to monitor them as they are done by a medical examiner.

"It's appropriate that we

take special care," Brodsky told the court. "I don't think it's fair, in an adversarial process, that the Crown gets to control the evidence."

Provincial court judge Fred Sandhu told Brodsky that his initial reaction was that an autopsy is not adversarial, but part of the investigation in any case. He invited Brodsky to file a formal motion or reach an agreement

with the Crown.

Brodsky talked with a Crown attorney briefly Thursday, but said more discussions were needed.

Giesbrecht has not entered a plea to six charges of concealing a body and one count of breaching probation.

A bail hearing was scheduled for Nov. 12.

THE CANADIAN PRESS

Aftermath. Winnipeg police on heightened alert following Ottawa shooting

Winnipeg police say they've beefed up their presence around the city following Wednesday's shooting at the National War Memorial in Ottawa.

"Certainly we're all aware of what tragedy occurred yesterday in Ottawa and the heightened sense of security across the country," said WPS spokesperson Const. Eric Hofley Thursday. "Here in Winnipeg a larger police presence has been observed at various locations around the city, the legislature, and that sort of thing."

While officers could be seen standing guard at the front door of the Public Safety Building and at the Legislative Building in the hours after the shooting Wednesday, Hofley said the service doesn't

publicly discuss specific tactics — like exactly where they're increasing their presence or how many officers have been redeployed.

"We are doing everything in our power to ensure that the citizens of Winnipeg and those institutions that we hold dear are protected to the best of our abilities," he said, noting Winnipeggers will see the usual number of officers at public events like Jets and Bombers games, but wouldn't say if extra security will be on hand. "It's difficult to say how those resources will be deployed."

Security was also reportedly heightened around Canadian Forces Base 17 Wing Winnipeg directly after the shooting and Thursday.

SHANE GIBSON/METRO



Winnipeg police officers, including members of the Tactical Unit, stood guard at the front door of the Public Safety Building Wednesday, just hours after the shooting at the National War Memorial in Ottawa. SHANE GIBSON/METRO

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Newest city pub, The Good Will, rises from ashes of Pop Soda's

Sound system.

Partners say space designed for listening to music, hanging out



SHANE GIBSON

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When plans for The Good Will began to hatch three months ago, the partners behind Winnipeg's newest pub and music venue started with the sound system and designed the rest of the space around it.

"We want artists to feel comfortable coming in here so everything's been designed with bands and artists in mind," said Anthony Kowalczyk, one of the nine partners behind the new venue.

Their establishment is set to open Friday night in the former home of Pop Soda's Coffeehouse & Gallery at 625 Portage Ave.

"Winnipeg is known for its music and known for

its culture. Why not have a place that really supports that?"

The partners — including local musicians, advertising and marketing specialists, entertainment industry types and FB Hospitality's Noel Bernier — have changed the look and feel of the place, diving the 7,500-square-foot space into three distinct venues.

The largest houses the bar and stage; another has a 35-foot long common table and arcade games — perfect for getting away from the music to hang out, said Kowalczyk; and the third is where A Little Pizza Heaven will sling slices of 'za.

"We want people to just mingle with each other," explained Kowalczyk of the idea of splitting up the 200-seat venue. "We built it around the university crowd next door, and I hope this is what they're looking for."

The Good Will will be open 11 a.m. to 2 a.m. daily, and A Little Slice of Heaven will stay open to 3 a.m.



Anthony Kowalczyk, left, and David Schellenberg, two of the partners behind Winnipeg's latest pub and music venue, The Good Will, stand at the space's new stage. The Good Will officially opens Friday. SHANE GIBSON/METRO

Olympic gold medallist wants Winnipeg girls to stay in sports



Cross-country skier and Olympic gold medallist Chandra Crawford, seen during a news conference in Canmore, Alta., on March 27, announcing her retirement from competition. She'll be in Winnipeg Friday for the Fast and Female Champ Chat. JEFF MCINTOSH/THE CANADIAN PRESS

Getting girls to see the benefits of sticking with sports is the goal of Olympic gold medallist Chandra Crawford, who'll be in Winnipeg on Friday for her inaugural Fast and Female champ chat.

Crawford, the Canadian cross-country skier who took gold at the 2006 Winter Games in Turin, Italy, started the not-for-profit Fast and Female society as a way of encouraging girls and teens to adopt healthy lifestyles.

"It's amazing that we're having this event in Winnipeg, 'cause our organization is nine years old and it's all over the world," so it was time for an event here, said Crawford during a recent visit.

"You guys are an amazing sport province, well-respected all over the country, especially with your female Olympians, are really top-shelf. Such a great history."

Crawford said she's determined to make a better sport environment for girls "so that

Fast and Female

The Fast and Female champ chat takes place Friday, Oct. 24, from 5:30 to 8 p.m. at The Forks. For more information, to register for the \$30 main chat, or the \$25 parents' seminar, visit fastandfemale.com

they stay in sports and don't drop out as teenagers."

For girls, she added, sports helps boost self-confidence, gives them tools to avoid peer pressure, and teaches teamwork and resilience.

"In sport, you won't win all your games, you won't win all your races, and that's such a valuable process of becoming resilient, placing value in your own effort, all these things that would serve us for life," she said, adding the champ chat includes other athletes and a sports psychologist.

BERNICE PONTANILLA/METRO



Toy Mountain starts to grow at Bomber game

From left, WFPS public education co-ordinator Marc Proulx, Insp. Gord Friesen of the WPS and Lieut. Mark Young of the Salvation Army, add the first few toys to this year's Toy Mountain. The annual campaign collects new toys to be given to less fortunate kids at Christmas.

Toys and cash donations will be collected starting at Saturday's Blue Bomber game and can also be dropped off at police and fire stations as well as Scotiabank locations until Christmas. SHANE GIBSON/METRO

Expect police officers at minor hockey games

Blue line. Uptick in violent incidents leads to unique partnership between Hockey Winnipeg, WPS

 SHANE GIBSON
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It won't just be referees keeping an eye on amateur hockey in Winnipeg this winter.

In a Canadian first, Winnipeg police have partnered with Hockey Winnipeg to help enforce the organization's Rink Behaviour Policy, and officers will be dropping by arenas throughout the season to make sure players, coaches and fans are keeping it a game.

"We don't want to have

that knee-jerk reaction where we have to phone the police service to go out to specific rinks because there's incidents," explained Monte Miller, Hockey Winnipeg's executive director.

"We just want everybody in the rinks to know that at some point in time — if you're not behaving yourself — either Hockey Winnipeg is going to call you into (our) office or

there might be some stronger sanctions."

The initiative comes after a number of incidents at rinks over the last few years, including a dust-up between parents at a kids' tournament in Fargo in February that led to Hockey Winnipeg instituting a three-year ban against a couple involved in the melee.

"That is exactly what we're trying to get away

from," said Miller.

The program's lead, Sgt. Ben Haegeman, said officers from the WPS community relations unit will meet with Hockey Winnipeg monthly during the 2014-15 season and attend games where officials think trouble may start.

Police will also visit locker rooms to educate players and coaches, network within the crowds to spread their mes-

sage, follow up on complaints, and speak with referees, who Haegeman said often take the brunt of abuse from parents, players and coaches.

"If there's behaviour problems, we're the right organization to address them," he said.



Follow Shane Gibson on
Twitter @tsgibson

Bird's Hill Park. Winnipeg Folk Fest to shrink by one day

Winnipeg Folk Fest is about to shrink — along with ticket prices.

The world-class festival, held in Bird's Hill Park every year, is heading back to a four-day format after five years as a five-day festival.

Winnipeg Folk Fest will now be held July 9 through 12. Ticket prices will also see a drop, to \$260 for the full four-day camping and festival ticket from \$300.

"World-class performers, one-of-a-kind workshops, and a unique festival culture are what the Winnipeg Folk

Fest is known for," says artistic director Chris Frayer in a press release. "We will continue to deliver all of that in our concentrated festival experience."

The not-for-profit festival added the Wednesday night of programming in 2009 when they brought Elvis Costello to Winnipeg with support of a one-time funding bump from Industry Canada.

Festival organizers said even though they are moving to a four-day format, they are open to great opportunities like that in the future. **METRO**



Winnipeg Folk Fest. WIKIPEDIA

Fatality

Vehicle strikes, kills man on Highway 59

A man is dead after he was struck by a car while standing in the middle of a road south of Winnipeg.

RCMP say the 30-year-old resident of St. Malo was on Highway 59 in the

Rural Municipality of De Salaberry Tuesday evening when he was killed by the southbound vehicle.

The man, whose name has not been released, died at the scene.

A woman who was driving the car and a 16-year-old female passenger were not hurt.

There is no word on whether charges will be laid. **THE CANADIAN PRESS**

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Sergeant-at-Arms Kevin Vickers used 9-mm pistol to kill shooter

Parliament. RCMP veteran had never before fired a gun while on duty, family says

 LUKE SIMCOE
Metro Online

When Michael Zehaf-Bibeau burst through the doors of Parliament, House of Commons Sergeant-at-Arms Kevin Vickers was armed only with a sword.

Forged in the 19th century, the ceremonial "Gaunt blade" — the symbol of Vickers' office — was no match for the double-barrelled shotgun clenched in the gunman's fists.

The details of what transpired in the minutes between Zehaf-Bibeau entering the Centre Block and being shot down by Vickers are still under investigation and officials have released little information.

What we do know is that at some point, Vickers put down his sword and retrieved a 9-mm pistol from a safe in his office.

"(Vickers) would not normally be armed but his people would be. He is tied to his desk so he would have been right there in his office with access to his gun," said retired Col. Michel Drapeau, an expert on security, defence and military affairs.

Vickers then joined the tide of House of Commons security and RCMP officers in pursuit of Zehaf-Bibeau.

Vickers confronted his tar-



Kevin Vickers, the sergeant-at-arms of the House of Commons, is shown in this still image taken from a CBC video in Parliament's Hall of Honour carrying a gun on Wednesday. Vickers is credited with helping shoot dead the lone gunman who went on a murderous rampage in Ottawa. CBC/THE CANADIAN PRESS

get outside the Library of Parliament. RCMP Commissioner Bob Paulson said the two hid behind nearby pillars and exchanged gunfire until a shot from Vickers' sidearm killed Zehaf-Bibeau.

According to Vickers' family, the 29-year veteran of the RCMP had never fired his gun in the line of duty.

"I'm extremely humbled to be a younger brother to an outstanding Canadian," Vickers'

brother, John, told Metro by phone from Victoria Thursday.

Shortly after dispatching Zehaf-Bibeau, Vickers stopped by to check on Conservative MPs locked down in their caucus room.

"I engaged the assailant; he is deceased," Vickers told them, according to one MP who was present.

WITH FILES FROM LUCY SCHOLEY, JEREMY NOLAIS, OONA WOODS AND THE CANADIAN PRESS

House of Commons

Hero's welcome

Less than 24 hours after ending a lone gunman's murderous rampage inside Parliament, Sergeant-at-Arms Kevin Vickers returned to the House of Commons a hero.

Applause from all sides of the House rained down on a stoic Vickers as he carried the mace into the legislative chamber.

Vickers was largely expressionless, save for an occasional nod of acknowledgment. At one point, he appeared close to tears during the ovation, which lasted several minutes.

The sergeant-at-arms then delivered a short speech to the assembled MPs, wherein he expressed condolences to the family of Cpl. Nathan Cirillo, the Canadian Forces soldier who was killed Wednesday.

THE CANADIAN PRESS



Prime Minister Stephen Harper speaks with House of Commons Sergeant-at-Arms Kevin Vickers on Thursday.

ADRIAN WYLD/THE CANADIAN PRESS

Soldiers gather to mourn Cirillo at war memorial



Soldiers from the Cameron Highlanders gather in Ottawa to pay respects to their fallen comrade Cpl. Nathan Cirillo, killed by a lone gunman on Wednesday. TREVOR GREENWAY/METRO IN OTTAWA

A group of reservists from Hamilton, Ont., gathered in Ottawa Thursday to pay final respects to their fallen comrade, Cpl. Nathan Cirillo.

Cirillo was shot to death by a lone gunman Wednesday morning as he stood guard at the National War Memorial.

The dozen or so soldiers stood in front of the war memorial silently, laying flowers and embracing each other while members of the public wiped tears from their eyes.

They described Cirillo as a "leader" and a "hero" who

wouldn't be forgotten.

"He was always happy. He always had a smile on his face," said William McArthur, a 2nd lieutenant with the Cameron Highlanders. McArthur was in a different unit than Cirillo, but spent extensive time training with him over the past several years.

"He was very energetic. He was a go-getter. He was always up first. He didn't shy away from leadership responsibilities. He was a guy that you remembered."

McArthur said his platoon

is still grieving the loss of the 24-year-old, but they wouldn't let acts of violence intimidate them from fulfilling their duty as Canadian soldiers.

"I don't think anybody can believe what happened up there yesterday. We always know our country to be safe," he added. "We are not afraid to let people be who they are.... I am not afraid to wear my combat uniforms in public. It has come down that we will not be wearing our (combat uniforms) in public and we respect the decision."

Another soldier, who declined to give his name, said he has guarded the war memorial many times in past years and the sacred space is familiar ground for many in his unit.

"For a lot of us it's like a second home, so we all came down as a group to pay our respects," he said.

Canada's Chief of Defence Staff Gen. Tom Lawson laid a wreath at the war memorial, as sentries took back their post Thursday afternoon for a tribute ceremony.

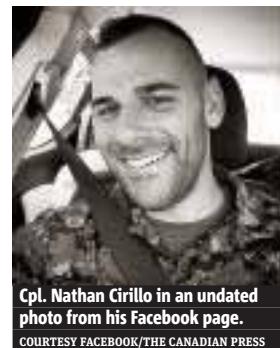
TREVOR GREENWAY/METRO IN OTTAWA



When she heard shots, lawyer Barbara Winters ran toward them, then performed CPR and comforted Cpl. Nathan Cirillo in the aftermath of the shooting at the War Memorial in Ottawa. STEVE RUSSELL/TORSTAR NEWS SERVICE

Woman recalls efforts to save dying soldier

'Everyone was so calm.' Barbara Winters says passersby worked steadily despite the possibility of danger from another gunman



Cpl. Nathan Cirillo in an undated photo from his Facebook page.
COURTESY FACEBOOK/THE CANADIAN PRESS

Lawyer Barbara Winters was headed to a meeting Wednesday near her office at the Canada Revenue Agency in Ottawa when she passed the National War Memorial, stopping to snap a few pictures of the two honour guards standing sombrely at attention.

Moments later, she heard four shots. For Winters, a former member of the Canadian Forces Naval Reserve, the sounds were unmistakable.

Turning, she saw people ducking. She began to run — not towards safety, but towards the shots, and the wounded soldier lying at the foot of the memorial.

As she reached the memorial, Winters saw four people bending over a fallen soldier. She dropped her purse and briefcase on the steps and began to help.

Margaret Lerhe, a nurse on her way to work at the Elizabeth Bruyere Hospital, was pressing her hands to a wound on Cpl. Nathan Cirillo's left side to stanch the

bleeding. Another corporal, a third member of the honour guard who accompanies the two standing at attention, was on Cirillo's right side, pressing his hands to a wound there. Another soldier was bent over Cirillo's head, talking to him. Another passerby was at Cirillo's feet.

The group began calling for an ambulance, and for police. Winters talked to Cirillo. He was conscious; his eyes were open, and he was staring straight ahead. She felt that he could hear her.

The impromptu team kept waiting for an ambulance, desperately willing Cirillo to hang on. Sirens signalled the arrival of the paramedics.

But Cirillo died in the arms of the people working so hard to keep him alive.

THE CANADIAN PRESS

Muslim leaders react

'We must not allow these attacks to divide us': Letter

We don't know the motivation behind the shooting of honour guard Cpl. Nathan Cirillo at the National War Memorial, but Prime Minister Stephen Harper, speaking on Wednesday, linked the murder to a hit-and-run driver that killed Warrant

Officer Patrice Vincent in Quebec.

Harper said the latter was a terrorist inspired by ISIS, suggesting a connection between the two tragedies.

In response, Ottawa and Gatineau's Muslim leaders quickly released an open letter saying they were deeply saddened and grieved by the senseless loss of life.

"We must not allow these attacks to divide us," reads the letter. "We call



"I take great offence at this act. It is very, very unfortunate that individuals that have mental illnesses or have become radicalized or embrace extremism look to the Internet and misinterpret a very positive faith."

Sikander Hashemi, the imam of the Kanata Muslim Association and a representative of the Canadian Council of Imams, speaking at the National War Memorial after laying flowers on Thursday.

on all Canadians to join us in working to preserve the safety and freedoms upon

which this country was built."

OONA WOODS/FOR METRO IN OTTAWA

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MPs recount Ottawa shooting

Harper took refuge in a closet or closet-like space, while MPs and senators lay on the ground or stood pressed against the walls.

THE CANADIAN PRESS

- Conservative and NDP MPs filed into their morning caucus rooms on opposite sides of the Hall of Honour around 9:30 a.m. to discuss the day's business.
- In the Conservative caucus room, the prime minister would have entered and taken his seat along the western wall.
- A half-hour later, the first gunshot rang out. However, all of the MPs who spoke to The Canadian Press agreed that they thought nothing of it.
- Moments later, there was a second exchange of gunfire. MPs described the sound as deafening.
- "My next thought was, well, if they're right outside our door ... the next thing they'd do is that there'd be a dozen terrorists busting through the wooden door and spraying bullets everywhere," said Treasury Board President Tony Clement.
- Prime Minister Harper initially tried to leave the room along with other MPs out of a north-facing door but was persuaded to stay in the room instead.
- Harper hunkered down into what has been described as a closet or a closet-like space, according to multiple Conservatives. MPs and senators lay on the ground or stood pressed against the walls.

Makeshift weapons

Many MPs were reportedly seen brandishing flags and other parliamentary implements as makeshift weapons. Democratic Reform Minister Pierre Poilievre was said to wield a bronze flagpole for most of the day, even clutching it hours later when he and his colleagues were escorted from the building.



Pierre Poilievre THE CANADIAN PRESS



Prime Minister Stephen Harper hugs the leader of the Liberal Party of Canada Justin Trudeau in the House of Commons on Thursday in Ottawa. The House of Commons is back in action, kicked off by an exhilarating show of support for the sergeant-at-arms of the House of Commons, who was among those who opened fire Wednesday on the gunman who stormed Parliament Hill. SEAN KILPATRICK/THE CANADIAN PRESS

Military members in Alberta told 'not to linger' in uniform

Risk mitigation.

Soldiers' instructions on wearing uniforms in public vary from East to West

 ROBSON FLETCHER
robson.fletcher@metronews.ca

Following the murders of two soldiers in Eastern Canada earlier in the week, soldiers in Alberta were "encouraged" — but not ordered — on Thursday to limit the amount of time they spend in public wearing their uniforms.

"We've been told to encourage our members not to linger in uniform in public

places," said Maj. Graham Longhurst of 41 Canadian Brigade Group. "The posture that is being taken is appropriate to the area in Western Canada."

Headquartered in Calgary, the brigade is made up of nine units across Alberta, and counts some 1,200 reservists among its ranks.

"You don't want to present yourself as a target of opportunity for somebody that decides they want to copycat something that's going on," Longhurst said. "It's all about risk management. You always want to try to mitigate the risk as much as possible."

Soldiers in the National Capital Region, meanwhile, were instructed by Chief of Defence Staff Gen. Tom Law-



A flag flies at half-mast outside the Mewata Armoury in Calgary Thursday behind a growing memorial of flowers placed by city residents. A card on one bouquet read: "Thank you Cpl. Nathan Cirillo for your service to our country. Our prayers will be with you." ROBSON FLETCHER/METRO

son "to not wear their uniforms when travelling to and from their places of work," effective Thursday, as a "temporary measure."

"This order was not given lightly," Lawson said in a statement. "As Canadian Armed Forces members, we wear our uniforms with pride and we will continue to do so."

Longhurst said reservists aren't in uniform as much as full-time soldiers, but often do dress up in their military clothing when invited to events.

"And in Calgary, here, we've got 40 people working in the headquarters which are full-time people and we go back and forth to work wearing uniforms," he said.

Connection? Police chief vows to uncover any Calgary links to gunman

Calgary's top cop pledged Thursday to get to the bottom of whether the Parliament Hill shooter ever lived in the city and with whom he may have associated.

Earlier in the day, RCMP Commissioner Bob Paulson told reporters in Ottawa that Michael Zehaf Bibeau had criminal charges that were "outside of the national security world" but stemmed from time spent in Calgary.

But Police Chief Rick Hanson later said the only link that had been uncovered was a car registered in the shooter's name that was caught speeding in Edmonton. The car's registration did list a Calgary address, one belonging to a southwest mosque.

"We want to know everything about him," Hanson said, adding, "We've got sources within the community that we'll be checking with to see if they recognize him or know anything about him."

Officials from the mosque couldn't be reached for comment Thursday.

On Wednesday, Zehaf Bibeau shot and killed 24-year-old Nathan Cirillo, a soldier

standing guard at the National War Memorial, and then proceeded into the Hill's Centre Block. He was followed and killed by law enforcement officials, including former Calgary Mountie Kevin Vickers, who now serves at the Hill's sergeant-at-arms.

Little was known about Zehaf Bibeau's past until Thursday, when Paulson told reporters the shooter was born in Montreal, had lived in Calgary and dwelled most recently in Vancouver.

But Hanson stressed that because the Calgary car registered to Zehaf Bibeau was caught speeding by a photo-radar device, it's impossible to know whether he was behind the wheel at the time.

"This is an individual who not only murdered somebody in cold blood but also clearly had a suicidal ideation," Hanson said. "He knew he was going to die when he went into the Parliament buildings to do whatever he was going to do ... if there are people he was associated to in Calgary, would those people be of concern? Absolutely."

JEREMY NOLAIS/METRO

Quoted

"You're going to see reservists who have been invited to hockey games and things like that and sometimes they're wearing uniforms. We are in the public, in uniform, but maybe not as much as some of the full-time guys."

Maj. Graham Longhurst of 41 Canadian Brigade Group, on how often reserve soldiers typically wear uniforms in public



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Zehaf Bibeau lived at shelter for over a week, residents say

Days before rampage.

While residing at Ottawa Mission shelter, alleged gunman voiced anger at no-fly list status: Housemates

 JOE LOFARO
Metro in Ottawa

Days before he shot and killed a Canadian soldier and stormed Parliament Hill with a rifle, Michael Zehaf Bibeau had been trying to leave the country, but was having trouble getting a Canadian passport, according to residents at the Ottawa Mission.

Several residents at the downtown shelter say Zehaf Bibeau had been living there at least a week and a half.

Lloyd Maxwell said he saw Zehaf Bibeau using a public pay phone inside the shelter ask-



Ottawa Police officers comb the area in front of the National War Memorial near Parliament Hill on Thursday, where Cpl. Nathan Cirillo, 24, was killed by a gunman in Ottawa. JUSTIN TANG/THE CANADIAN PRESS

ing if he could rent a car from Hertz with a credit card.

He described the 32-year-old as a "weird guy, but he was a likeable guy."

"He was just mad because he couldn't get his passport," recalled Maxwell. "He said, 'I don't know why I'm not getting my passport.'"

Zehaf Bibeau wanted to leave Sunday and needed the passport "to go back to his home country," according to Maxwell.

RCMP commissioner Bob Paulson revealed at a news conference in Ottawa Thursday the gunman's mother, Susan Bibeau, told authorities Wed-

nesday her son wanted to travel to Syria.

Paulson also said the gunman arrived in Ottawa on Oct. 2 and his passport "was in the process of being denied." He said Zehaf Bibeau was not one of the 90 individuals being tracked by the RCMP in relation to national security concerns.

The last time Maxwell saw Zehaf Bibeau was Sunday. "He said, 'I gotta get out of here, I gotta get out of here,' and then the fire alarm went off, then he took off, I guess, with a duffel bag and that was the end of it."

Ottawa Mission spokesperson Shirley Roy said police officers questioned residents Wednesday about the shooting.

Resident Dave Duchesne told Metro people who live in the shelter were in complete shock to learn one of their fellow housemates — described as a "handsome" and "personable" guy — was involved.

"He wasn't radical about anything. He mentioned a couple of times that he was quite angry with Canada because he was on a no-fly list," said Duchesne.

"This was not something that we expected; to have another one of our housemates not show up for breakfast because of the actions he committed the day before. So, we're all a little rattled."

Mother versus son

Zehaf Bibeau's mother, Susan Bibeau, released a statement on Thursday apologizing for her son's actions.

- Estranged. "I am mad at our son. I don't understand and part of me wants to hate him at this time," the statement said. "(He) was lost and did not fit in. I, his mother, spoke with him last week over lunch; I had not seen him for over five years before that. So I have very little insight to offer."



Michael Zehaf Bibeau is shown in a Twitter photo tweeted by @ArmedResearch, purported to be from an Islamic State media account.

HANDOUT/THE CANADIAN PRESS

Gun used in Parliament Hill shooting a common rifle

Winchester .30-30.

Firearm, first seen in the 1890s, is popular in Eastern Canada, salesman says



Ottawa Police officers comb the area in front of the National War Memorial near Parliament Hill on Thursday, in the area where Cpl. Nathan Cirillo, 24, was killed by a gunman the day before. JUSTIN TANG/THE CANADIAN PRESS

The gun Michael Zehaf Bibeau allegedly used to kill Cpl. Nathan Cirillo is a common hunting rifle.

The Winchester .30-30 lever action rifle, known as "Model 94" for its 1894 introduction, is sometimes called "The Gun that Won the West," according to the Winchester website.

Through the 1930s, '40s and '50s, it was a standard hunting rifle in North America — not terribly expensive, but well built and good for deer hunting, said Tony Bernardo, the executive director of the Canadian Shooting Sports Association, a politically active organization which calls itself the voice of sports shooters and firearm enthusiasts in Canada, lobbying for the "right of responsible Canadians to have unrestricted lawful access to firearms."

Al Flaherty's Outdoor

Store in Toronto doesn't carry the rifle, but a salesman noted you could find it at "any outdoor store."

"We just don't get a lot of requests for them."

"It's probably more popular in Eastern Canada where people are hunting in bush for deer ... it's not well-adapted for long-range shooting," said Stan Frost,

an executive member with the Dominion of Canada Rifle Association. To buy the rifle in Canada, you need a Possession and Acquisition Licence, which requires a person to pass the Canadian Firearm Safety Course and exam. The process also includes a comprehensive police background and personal reference checks, Bernardo says. TORSTAR NEWS SERVICE

Diplomacy

U.S. trip to help ease security concerns

Canadian officials are planning a diplomatic blitz to address security jitters following two attacks this week that have drawn extensive coverage from U.S. media.

Ambassador Gary Doer

and other embassy staff will make it a priority in the coming days to reach out to American decision-makers to emphasize Canada's commitment to security, a government source said Thursday.

Foreign Affairs Minister John Baird has already begun doing interviews with American media — and in one such appearance Thursday he pushed back when asked whether the Parliament Hill shooter had

visited the U.S.

"A lot of Canadians visit the United States. I wouldn't think there's any link in that," Baird said in an interview with CNN's Christiane Amanpour. "I think (radicalization has) become a major problem for all Western countries, and Canada is not immune to that."

The Parliament Hill shooting has aroused concerns from some commentators who believe border

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When should citizenship be stripped?

Court challenge.

Proposed new law would add terrorism, espionage to list of reasons for revocation

A Federal Court judge is considering whether Parliament has the authority to pass a law that could see a Canadian-born terrorist stripped of their citizenship.

Two Toronto lawyers argue that the Strengthening Canadian Citizenship Act, which could allow the government to revoke the citizenship of someone who holds dual citizenship, is unconstitutional.

Previously, a person could be stripped of Canadian citizenship for attaining it through false representations.

But the new law expands the list of those vulnerable to revocation to include people born in Canada but eligible to claim citizenship in another country — for instance, through their parents.

It also broadens the grounds for revocation to include several criminal offences including espionage, treason or terrorism.

After a day of arguments in court Thursday, Federal Court Judge Donald Rennie reserved his decision.

The challenge was launched by lawyers Paul Slansky, who represented the Constitutional Rights Centre, and Rocco Galati, who has been a thorn in the side of the Conservative government by successfully challenging the appointment of Marc Nadon to the Supreme Court.

THE CANADIAN PRESS



Bringing happiness to B.C.

Tibetan spiritual leader the Dalai Lama speaks on empowerment and compassion as a path to happiness at the University of British Columbia in Vancouver Thursday. Proceeds from the event will help resettle 1,000 displaced Tibetans in Canada DARRYL DYCK/THE CANADIAN PRESS

Man arrested. Firearm found on Halifax bus after rifle sighting report

Police arrested a 25-year-old man without incident in Halifax and recovered a firearm on a public bus Thursday, hours after receiving a report of someone walking along a downtown street with what appeared to be a rifle wrapped in black fabric.

Const. Pierre Bourdages of Halifax Regional Police said a driver found a firearm on his bus at about 11 a.m. more than two hours after the initial sighting of someone allegedly concealing a weapon.

Quoted

"We can confirm that there were no threats made to anyone, no shots fired..."

Const. Pierre Bourdages, Halifax Regional Police

In a statement, Bourdages said police are investigating and it was not clear if the two events are related.

THE CANADIAN PRESS

Plot was unveiled

Terrorist gets 12 years in prison

Misbahuddin Ahmed, 31, a former diagnostic imaging technician at the Ottawa Hospital who was sentenced to 12 years in prison for two terrorism charges "owes a debt of gratitude to CSIS and

the RCMP," a Superior Court judge said Thursday.

Justice Colin McKinnon said Canada's top police force and spy agency in 2010 unveiled a conspiracy to possibly carry out an act of terrorism on Canadian soil and saved Ahmed from possibly being responsible for "the deaths of innocents." JOE LOFARO/METRO

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NE1032214

Conservatives introduce new omnibus budget bill

Tax break for beekeepers and more.
458-page bill includes measures with little connection to budget

The Conservative government has introduced another mammoth omnibus budget bill that includes a grab-bag of measures, ranging from tax breaks for beekeepers to provisions banning cable companies from charging for paper bills.

Much of the 458-page bill involves the complicated implementation of tax changes and other budget measures, including revisions to the Investment Canada Act.

There are some tax breaks for families and students.

However, one section broadens the scope of the national DNA bank. Another tightens the rules around the temporary foreign workers system. Still another establishes a long-promised Arctic research station.

One measure increases the maximum amount that may be claimed under the child fitness tax credit and makes that credit refundable starting in 2015.

Another extends the existing tax credit for interest paid on student loans to interest paid on a Canada Apprentice Loan.

The bill extends a tax deferral for breeding animals to bees and to all types of horses

over 12 months of age, that are kept for breeding.

The bill makes a handful of changes to the Investment Canada Act, which governs foreign takeovers of Canadian companies.

The amendments will allow Ottawa to disclose more information about its decision when it denies a takeover due to national security concerns as it did when it rejected a deal Manitoba Telecom Services had signed to sell Allstream to Egyptian investment group Accelero Capital for \$520 million.

Another part of the bill establishes the Canadian High Arctic Research Station, a federal research organization that is to be responsible for advancing knowledge of the Arctic.

There is a section expanding the DNA data bank. It will now include DNA profiles from missing persons, their relatives and from human remains. The idea is to help police, coroners and medical examiners to find missing persons and identify human remains.

The omnibus bill also enacts the government's promised EI tax break for small businesses.

THE CANADIAN PRESS



Prime Minister Stephen Harper answers a question during Question Period in the House of Commons on Thursday on Parliament Hill. ADRIAN WYLD/THE CANADIAN PRESS

'Cradle-to-prison.' Inuit group calls for reforms to Nunavut's justice system

Nunavut's "cradle-to-prison" justice system must be reformed to reflect the high number of people in the territory who've been victims of physical and sexual violence, an Inuit land claim group said Thursday.

"There are few safety nets in place to catch people who are experiencing adversity," said a report from Nunavut Tunngavik Inc.

"Nunavut's criminal justice system is often the first stop in a cradle-to-prison pipeline in which people struggling with trauma, mental health disorders or prenatal alcohol exposure are most vulnerable to incarceration."

The report released during the group's annual meeting in Cambridge Bay, Nunavut, is the latest in a series of papers required by the Nunavut land claim on the state of Inuit culture and society. The 2013-14 report focuses on the territory's criminal justice system.

Statistics on the level of

violence in Nunavut are well-known. Between 1999 and 2012, an index that tracks the occurrence and severity of violent crime dropped by 18 per cent in Canada as a whole. In Nunavut, that index increased by 50 per cent.

The rate of low- and medium-level assault charges in Nunavut in 2012 was 12 times the national average. The rate of low-level sex assaults was eight times higher. The homicide rate is the highest in the nation.

Thursday's study puts those figures in the context of what is, for many Inuit, a lifelong cycle of violence that begins in childhood.

Almost one-third of all Inuit report experiencing "severe physical abuse" as children — 31 per cent for both boys and girls. More than four out of 10 — 52 per cent of girls and 22 per cent of boys — say they were sexually abused.

THE CANADIAN PRESS

Regina

A happy ending to a serpentine story

Most of the 102 plains garter snakes found in a house northwest of Regina now have a new home — and this time it's not in a family's basement.

The Salthaven West Wildlife Rehabilitation and Education Centre shelter removed the non-poisonous reptiles

from the rural property over the Thanksgiving weekend. On the evening of Oct. 22, 98 snakes were released into the wild at Condie Nature Refuge.

"They quickly slithered away into the tall grass and all disappeared," says Megan Lawrence, an executive director at Salthaven, adding that the snakes had occupied cracks in the building to find a warm place for the winter.

JACOB MORGAN/METRO IN REGINA

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NEWS

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Bleu, a French bulldog, watches DogTV in her San Diego apartment. THE ASSOCIATED PRESS FILE

TV has gone to the dogs on the canine channel

Television. Programs geared to four-legged viewers designed to entertain and exercise housebound pooches

this channel's target demographic isn't adults 18-49, or females 12-34. DogTV is after the K-9 four-legged fans.

CEO Gilad Neumann was happy to pitch the idea to buyers and reporters at the recent MIPCOM international television marketplace in Cannes, France.

It's already available in the U.S. through DirectTV and is live-streamed 24/7, handy if your lap dog has a laptop.

It will be expanding into Germany, the U.K., Ireland and France, and is also available in South Korea, Japan and Israel. Canada is still on the fence, although some Canuck buyers did stop by the booth to give it a sniff.

Neumann admits his channel is aimed at a niche market. But he says dogs live in 30 to 50 per cent of homes across Europe and North

America. Many are housebound during the day and are often bored; others suffer separation anxiety away from their owners.

The company has done its homework, and says its programming is scientifically tested to draw dogs to the screen — not just to be pooh potatoes, but to be active and even exercise.

The images had been tweaked, with the backgrounds muted and monochromatic and the dogs a bright orange hue. Everything is geared to a dog's sense of vision and hearing.

Some of the programming is aimed at dog owners, including segments on nutrition and health. Neumann acknowledges advertisers are anxious to speak more to owners than animals.

THE CANADIAN PRESS

Never before has television strayed so far off its leash. Audiences are in the middle of a digital revolution, with broadcasters and regulators scrambling to keep up with on-demand options, as well as border-busting services such as Netflix, Amazon and Hulu.

One company has taken a unique approach: Why not aim past man to man's best friend?

DogTV is billed as the world's first and only TV channel for dogs. Sure, people can watch, too, but

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NEWS

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WEEKEND, October 24-26, 2014

Pistorius told he can't compete during five-year prison sentence

End of runner's career?
Powers that be agree that 'Blade Runner' should be banned for entire prison term, even if released early

Oscar Pistorius' agent is seeking a prison meeting with the double-amputee athlete in the next few days to discuss his career, with South Africa's Olympic committee saying Thursday the runner can't compete for the full five years of his incarceration.

The decision of the South African Olympic body matches that of the International Paralympic Committee, which said Pistorius cannot run in its events for five years while serving his sentence for killing girlfriend Reeva Steenkamp — even if he is released early to go under house arrest. Agent Peet van Zyl said that lawyers will meet with



South Africa's Olympic committee have told Pistorius he cannot compete for the five years of his sentence for killing girlfriend Reeva Steenkamp AP PHOTO

Pistorius in prison on Friday. After that it will become clearer when Van Zyl and Pistorius' longtime track coach, Ampie Louw, can talk to him about

his running future, he said.

Van Zyl said no discussions have been held over the Olympian and multiple Paralympic champion's track career

because Pistorius was taken straight to prison following his sentencing on Tuesday.

Pistorius, once a globally-admired sportsman, was con-

victed of culpable homicide, or negligent killing, for shooting Steenkamp through a toilet door in his home last year. He was acquitted of murder.

Pistorius' five-year sentence allows for him to be released from prison after completing one-sixth of his term — 10 months — to serve the remainder under correctional supervision, which involves house arrest.

South African Olympic committee chief executive Tubby Reddy said that Pistorius could not compete for the full duration of that sentence under the body's rules. The IPC said the same this week.

The International Olympic Committee and the IAAF, which controls able-bodied athletics events, have declined to comment on Pistorius' case. South Africa's sports minister said in a newspaper interview that he believed Pistorius' track career was over.

Fikile Mbalula told the Cape Argus newspaper. "I hear people saying that Pistorius will come back. To me that (the sentencing) was the end of the road."

THE ASSOCIATED PRESS

Grieving mom sends son's ashes to space



And around the world.
Hallie Twomey wanted her boy C.J. to visit all the places he wasn't able to prior to his suicide

A Maine mother who's using social media to have her son's ashes scattered all over the world has sent him on his greatest journey yet: to space.

Using her Facebook page, which has more than 17,000 likes, Hallie Twomey has mailed hundreds of packets of her son C.J.'s ashes to strangers worldwide so they can be scattered at the many places he wasn't able to see before he died more than four years ago.

On Thursday, a rocket containing a vial of his ashes was launched into space from the desert in New Mexico. The rocket spent a few minutes in space before landing in the nearby White Sands Missile Range.

Twomey called it the perfect

Appreciative

"I've never experienced such a collective hug."

C.J.'s mother Hallie Twomey
On the response she received to her tribute from people across the world

sendoff for her adrenaline-loving son, who was 20 years old when he shot himself after getting into an argument with his parents. His ashes have been scattered in nearly all 50 states and in dozens of places overseas, including Saudi Arabia, Thailand and Denmark.

Twomey, who lives with her husband and 21-year-old son in Auburn, Maine, said that while she hasn't been able to get over her guilt, she has been touched by the kindness of strangers over the last year. "I have never experienced such a collective sort of hug," she said. Twomey's ashes and those of about three dozen others were on the rocket.

THE ASSOCIATED PRESS

Burrito restaurant

Protesters call for Illegal Pete's to change name

Some people are urging the Colorado burrito chain Illegal Pete's to change its name because of the way the word "illegal" has been used to describe immigrants.

The Coloradan (<http://noconow.co/1wpoTne>) reports that about 30 people gathered in Fort Collins Wednesday to ask owner Pete Turner to change the name of the chain, which is about to open an outlet there. It's part of a bigger campaign nationally against what critics refer to as the "I-word." They think using the word to describe a person is dehumanizing.

Turner says the name is a reference to a novel he read in college and refers only to him. Those at the meeting likened the name to a racial slur used against African-Americans or hanging a Confederate flag in the restaurant's window. THE ASSOCIATED PRESS



A treetop eclipse

Silhouetted against the sun, these tree branches make for a stunning scene during a partial solar eclipse as seen from Paynes Prairie in Florida on Thursday. MATT STAMEY/THE GAINESVILLE SUN/THE ASSOCIATED PRESS

Facebook co-founder

Zuckerberg gets China's thumbs-up

China may ban Facebook, but not its co-founder Mark Zuckerberg. The young billionaire delighted an audience of students at a prestigious Beijing university this week with a 30-minute chat in his recently learned Mandarin Chinese.

He made no explicit mention of China's ban on the social media giant, but an indirect reference to it drew laughter during the question-and-answer session Wednesday at Tsinghua University.

Tsinghua students gave Zuckerberg a warm reception. On social media, many microbloggers noted the irony that Zuckerberg's famous creation is blocked in China.

Facebook has been banned in China since 2009. Beijing promotes Internet use for business and education but bans material deemed subversive and blocks access to foreign news and social media websites that authorities believe could stoke social unrest.

THE ASSOCIATED PRESS

Market Minute

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Cream, sugar, dictator? Chain sorry for Hitler, Mussolini coffee creams

A leading Swiss supermarket chain is apologizing for what it calls an "unforgivable blunder": distributing mini-containers of coffee cream bearing portraits of Adolf Hitler and Benito Mussolini.

Migros, which also sells electronics and household goods, says it is immediately



In this Oct. 8 file photo, Bellevue Hospital nurse Belkys Fortune, left, and Teressa Celia, Associate Director of Infection Prevention and Control, pose in protective suits in an isolation room, in the Emergency Room of the hospital, during a demonstration of procedures for possible Ebola patients in New York. RICHARD DREW/THE ASSOCIATED PRESS FILE

Doctor in NYC tests positive for Ebola virus

New York City.

Preliminary tests show physician, recently in Guinea, has virus

and a city official received notification of the preliminary test results and told The Associated Press on the condition of anonymity.

Craig Spencer, a 33-year-old emergency room doctor, returned from Guinea more than a week ago and reported Thursday coming down with a 103 F (39.4 C) fever and diarrhea.

He was rushed to Manhattan's Bellevue Hospital, a designated Ebola centre, and was being treated in a specially built isolation ward.

He's the fourth confirmed case in the U.S. and the first in the city.

City officials say a further test by the Centers for Disease Control and Prevention will confirm the initial test.

A law enforcement official

may be at risk.

City officials say the doctor acknowledged riding the subway and taking a cab to a Brooklyn bowling alley in the past week before he started showing symptoms.

His Harlem apartment was cordoned off, and his fiancée, who was not showing symptoms, was being watched in a quarantine ward at Bellevue. The Department of Health was on site across the street from the apartment building Thursday night, giving out information to area residents.

Mayor Bill de Blasio said proper protocols were followed every step of the way and it didn't appear the doctor had been showing symptoms for very long.

THE ASSOCIATED PRESS

America. Senators call for expansion of recall of air bags made by Takata Corp.

Two U.S. senators are calling on regulators to issue a nationwide recall of cars with faulty air bags made by Takata Corp., questioning why automakers have been allowed to limit recalls to only certain locations with high humidity.

Air bag inflators made by

Takata can rupture, causing metal fragments to fly out in a crash. Safety advocates say the problem has caused four deaths and multiple injuries. So far automakers have recalled about 12 million vehicles worldwide due to the problem.

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COPING WITH RAW EMOTION IN OTTAWA



GUEST COLUMN
Tim Harper
winnipegletters@metronews.ca

The strains of O Canada started faintly, but built gradually.

It was sung by cabinet ministers, MPs from all parties, public servants on their way to work, a bicycle courier and university students.

We all sang, but this was a plaintive rendering of the anthem. Spontaneous, yes, but delivered more in grief than defiance, behind police barriers, under a suitably leaden sky, in front of the crime scene known as the National War Memorial.

This city is not yet OttawaStrong, despite the best effort of hashtags on social media.

It'll get there, but not the day after. Not so soon.

Not while so many wept for Hamilton Cpl. Nathan Cirillo on Thursday as the mountain of flowers in his honour grew.

Not when so many were still living the trauma of the day before, not when military members were under orders to limit public appearances in uniform, not with much of the downtown behind those barriers, not with the public barred from Parliament Hill, not when the security presence for Prime Minister Stephen Harper and his wife Laureen, who arrived to place a wreath, was of a magnitude never before seen in the capital, not when guns were drawn on a hapless wanderer who got too close to the ceremony.

"I can still hear the gunshots," Treasury Board President Tony Clement said as he left the Commons the morning after.

"We're in a state of real confusion about what happens next," said David Scott, an Ot-



Members of Parliament sing O Canada during a vigil near the National War Memorial a day after a soldier was shot and killed at the sight before a gun battle in Parliament's Centre Block killed the shooter. TORSTAR NEWS SERVICE

tawa lawyer, who brought flowers to the memorial.

Yes, the House of Commons showed resilience and sent the proper signal by returning to work at the normal hour Thursday.

There was an emotional and lengthy tribute to the Sergeant-at-Arms Kevin Vickers, who worked hard to maintain his composure as the applause washed over the chamber.

Moments earlier, he had proudly marched the ceremonial golden mace, a symbol of the authority of our seat of democracy, down the Hall of

Honour. Twenty-four hours before that, he was engaged in a gun battle with Michael Zehaf Bibeau in the same hall.

Vickers had crouched behind a pillar trading fire with the 32-year-old invader until the killer exposed himself in a bid for a better angle for a clear shot at Vickers and was gunned down himself.

Vickers marched past the opposition caucus room where a bullet had pierced the door on his left, finally stopped by a second door meant to soundproof the room. To his right was a bullet hole outside the

government caucus room.

The show of non-partisanship was impressive and needed, with Harper, Opposition Leader Tom Mulcair and Liberal Leader Justin Trudeau trading hugs and each offering an embrace for Vickers, who sat near the door like this was another day at the office. It was an important symbol that he took his normal post, even if the day was highly abnormal.

Conversations with MPs on the way in and out of the Commons pivoted on where they were, how they escaped and, mostly, the question that dom-

inated the day — "what if?"

"If I had come out one minute earlier..." said Marc-André Vieu, a communications officer with the New Democrats, his voice trailing. If he had, he would have been face-to-face with the killer as the gunman entered the building.

Global News cameraman Rob Kazemzadeh did come face-to-face with him and he stood silently at the top of the stairs at the Rotunda the morning after, staring at the Centre Block door, trying to understand the fates that spared him

when Zehaf Bibeau pushed open the door and yelled "hey" at a security guard, clearly brandishing his Winchester .30-30.

And the "what if" that everyone has been talking about for two days — what if Zehaf Bibeau knew where he was going, knew that a quick left halfway on his brief odyssey would have taken him into the government caucus room where Harper was speaking when the first shots were heard, what if he had timed his arrival about 90 minutes later when that hallway would have been full of cabinet ministers, government and opposition MPs, political staffers and journalists milling about.

It was all too fresh for defiance.

Some of these people were back in the building they had left less than 12 hours earlier, following a day when they had feared for their lives.

Defiance will come but so, too, will the questions.

It took 83 seconds for Zehaf Bibeau to get from his vehicle parked on Wellington Street — after he killed Cirillo in cold blood — to the Centre Block.

By then, officers were in pursuit, and it is clear that security, a huge posse led by Vickers, did their job once he got inside, limiting what could have been a bloodbath.

But 83 seconds is a worrisome chunk of time for a man carrying a rifle to continue unimpeded on a busy morning on Parliament Hill.

Canadians deserve an answer as to how a man with a rifle sprinted onto the grounds of Parliament, hijacked a ministerial vehicle, drove it up to the Centre Block and burst into the building with no one stopping him.

Defiance will come to this city. Answers, and remedies, must follow in rapid succession.

Surveillance in Canada. Journalist who exposed Snowden leaks predicts crackdown

Canadians should expect sweeping security and surveillance measures following attacks against the military in Quebec and Ottawa, says the man who helped expose wide-ranging government monitoring of citizens in the United States.

"I will be shocked if the events of this week don't result in far greater secrecy powers and far greater surveillance

powers than existed previously," Glenn Greenwald told The Canadian Press on Thursday.

"I've seen it so many times where the fear and nationalism that get generated by these events render almost inevitable not just the enactment of legislation that was already pending but I'll bet new and wholly more extreme measures as well."

Greenwald, a journalist and



Glenn Greenwald THE CANADIAN PRESS

surveillance programs last year.

Shortly after Greenwald's comments, Prime Minister Stephen Harper told the Commons the "surveillance, detention and arrest" powers of the Canadian Security Intelligence Service will quickly be toughened.

"They need to be much strengthened, and I assure you, Mr. Speaker, that work — which is already underway —

will be expedited," he said.

Greenwald was in Montreal to deliver a lecture at McGill University as part of a swing through several Canadian cities.

While working at the Guardian newspaper in Britain, Greenwald put the spotlight on a treasure trove of data from top-secret documents leaked by Snowden, a former National Security Agency contractor and

whistleblower.

Greenwald has since become co-editor of The Intercept, which looks at security issues.

He said Canada should not be underestimated when it comes to intelligence gathering, noting it is part of the so-called "Five Eyes" alliance of countries that includes the United States, the United Kingdom, Australia and New Zealand.

THE CANADIAN PRESS

A terrifying waste of time

Reel Guys

**RICHARD
CROUSE AND
MARK BRESLIN**



Ouija, starring Olivia Cooke, opens today. CONTRIBUTED

Movies. The acting and storytelling in this lame fright fest are more cardboard than Ouija board

Richard: Mark, Ouija is scary, but not scary like Dracula, Edgar Allan Poe or hungry zombies. No, I thought Ouija was scary because as I watched it I could feel my life slipping away, second-by-second, for 90 excruciating minutes.

As scary as you would imagine a horror film inspired by a board game to be, it's a mishmash of demonology.

Japanese horror and so many slasher movie tropes the producers owe John Carpenter and Wes Craven a writing credit.

The blonde girl dies first, there's spooky stuff in the attic and the plucky heroine outlives almost everyone. At least there's very little found footage.

Which way does your planchette point on this movie? Yes or no?

Mark: My planchette points straight down on this one, Richard.

The Ouija board itself is a dumb device, as laughable as tea leaves or numerology.

Then the rest of the movie makes up its own rules as it

goes along, with little regard for storytelling or even visual style.

The movie, which seems to be pitched at teenage girls who would text photos of jeans while watching it, feels like an after-school special viewed on a fourth rerun. But it did make me think. I thought about tax planning, tort reform, Japanese vintage eyewear, and what I ate for lunch on May 7, 1978.

Then, blissfully, the movie ended, and I was free.

RC: The movie is five per cent jump scares, those unexpected loud noises that make you twitch in your seat, 67 per cent set-up and 28 per cent strange glances.

As Laine, Debbie's intrepid best friend, Olivia Cooke does most of the heavy lifting.

She keeps the action (such that it is) moving forward all the while displaying her mastery of the concerned look. With a furrowed brow and a determined attitude she tracks down the mystery behind her friend's death, but mostly she just looks concerned.

MB: About her career, after this turkey. The acting is so bland in this film that you're quite happy when the cast members meet their gruesome fates.

The pretty, watchable blonde is dispatched in the

Synopsis

The trouble in Ouija begins when Debbie (Shelley Hennig) breaks the first rule of witch boarding: Never play alone. She pays a heavy price for her spiritual disobedience and soon her group of good-looking friends is gathered at her funeral. "She said she'd see us the next day," says BFF Laine (Olivia Cooke). "Why would she say that?" We'll never know ... unless Laine pulls out the Ouija board! Using Debbie's board, Laine and pals try and contact their dearly departed's spirit, but instead unleash a demonic terror that threatens all of their lives.

• **Richard:** ⚫●●●●

• **Mark:** ⚫●●●●



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Double, double toil and trouble

Filmmaker interview.

See No Evil 2 is just the latest offering from the twisted minds of Vancouver's Soska twins

CHRIS
ALEXANDER
scene@metronews.ca

In just a few short years, ravishingly beautiful twin sisters Jen and Sylvia Soska have become a Canadian cinematic institution simply by making people sick. See No Evil 2 — or the "Twisted Twins" as they've branded themselves — make horror films and violent, joyously perverse ones at that.

In doing so, they have become icons not only of scrappy, indie splatter, but also of female empowerment in a genre not known for giving ladies a break.

The Vancouver-born and based siblings got their start with their homegrown 2009

thriller Dead Hooker in a Trunk, a rough-around-the-edges flick that they wrote, directed and even starred in. Such was their navigation of self-promotion, social networking and fan outreach that the Soskas have become darlings of the counter-culture, which in turn paved the way for their breakthrough feature, 2012's lurid and sophisticated sex-and-surgery shocker American Mary.

That picture caught the attention of no less than the wrestling powerhouse WWE, who signed the sisters on to helm See No Evil 2 (out now on DVD and Blu-ray from Lionsgate) the belated follow-up to their ultra-violent 2007 slasher See No Evil. To take on a bloody, big-budget sequel in the wake of their audaciously original efforts confused some. But there was a method to their madness.

"After American Mary, no matter what meeting we were in, what script we were pitching, they all wanted us to rehash that same idea," says Sylvia. "It was starting to get depressing. The film was such a success that people started



The Soska sisters are carving a bloody path in an industry typically ruled by men. CONTRIBUTED

to decide that this was the only thing we were capable of doing. But we wanted to do something different."

See No Evil 2 stars the mighty WWE superstar wrestler Kane as the malevolent, monstrous serial killer Jacob Goodnight, who once more

treats a gaggle of pretty young people (including American Mary star Katherine Isabelle) as slaughter fodder. But this is no ordinary, assembly-line horror sequel; it's ripe with stylistic "auteur" flourishes that fans are dubbing "Soska-esque."

"That's a huge honour," Jen

beams.

"We are inspired by directors that have a unique style and words like 'Kubrick-ian' or 'Cronenberg-esque' excite us. It's really cool that people are able to see our films and see our style and voice in them. We only make films that we love

and are emotionally invested in."

On the Cronenberg tip, it is a fact that Canada seems to house some of horror's most fevered minds. From celebrated novelists like Michael Slade (Headhunter) to iconic zombie-master George A. Romero (who defected to Toronto from Pittsburgh back in 2005) to gory special FX artists like Paul Jones (Resident Evil), the genre's pulse pounds strongly up here. And yet culturally, we rarely embrace our darker side.

"Being Canadian means a lot to us," says Sylvia.

"But there has been such a struggle with our national cinematic identity and I want to see our country give new artists like Jovanka Vuckovic, Jeremy Gardner and (horror-film collective) Astron-6 a pile of money to really show off what we're capable of. There is something very unique about Canadians."

"Our humour is weird, we push boundaries; we are an interesting people and I would love to see that shared more with the rest of the world."

**"I'm looking
for something
more long term."**



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Mystery & Suspense



White Bird in a Blizzard

Director. Gregg Araki

Stars. Shailene Woodley,
Christopher Meloni

Kat Connors is 17 years old when her perfect homemaker mother, Eve, a beautiful, enigmatic, and haunted woman, disappears — just as Kat is discovering and relishing her newfound sexuality. Having lived for so long in a stifled, emotionally repressed household, she barely registers her mother's absence and certainly doesn't blame her doormat of a father, Brock, for the loss.

Rotten Tomatoes™ score

Critics: 53% Audience:



Action & Adventure



John Wick

Director. Chad Stahelski

Stars. Keanu Reeves,
Adrienne Palicki

An ex-hitman comes out of retirement to track down the gangsters that took everything from him. With New York City as his bullet-riddled playground, John Wick (Keanu Reeves) is a fresh and stylized take on the "assassin genre."

Rotten Tomatoes™ score

Critics: 90% Audience:



Drama



The Good Lie

Director. Philippe Falardeau,
Shawn Linden

Stars. Nyakouth Weil,
Reese Witherspoon

They were known as The Lost Boys. Orphaned by the brutal civil war in Sudan that began in 1983, these young victims travelled as many as 1,000 miles on foot in search of safety. Fifteen years later, a humanitarian effort would bring 3,600 lost boys and girls to America. In The Good Lie, Sudanese actors Arnold Oceng, Ger Duany, Emmanuel Jal, and newcomer Nyakouth Weil, many of whom were also children of war, star.

Rotten Tomatoes™ score

Critics: 85% Audience:





St. Vincent

Director: Theodore Melfi

Stars: Bill Murray,
Melissa McCarthy

Maggie (McCarthy), a single mother, moves into a new home in Brooklyn with her 12-year-old son, Oliver (Lieberher). Forced to work long hours, she has no choice but to leave Oliver in the care of their new neighbour, Vincent (Murray), a retired curmudgeon with a penchant for alcohol and gambling. An odd friendship soon blossoms between the improbable pair.

Rotten Tomatoes™ score
Critics: 64% + Audience: 95%

"KEANU REEVES' BEST SINCE THE MATRIX"

- Ain't It Cool News

"ONE OF THE BEST ACTION FILMS OF THE YEAR."

- Forbes

"JOHN WICK IS SLICK AND SATISFYING."

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- HitFix

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When dirty secrets come out

Writer interview. Joe Hill wanted more than a story about the devil — he wanted to ask big questions about life

RICHARD CROUSE
scene@metronews.ca



Joe Hill GETTY IMAGES

"The book is a really unhappy, paranoid novel by a really unhappy, paranoid man," says author Joe Hill of his thriller *Horns*, now a movie starring Daniel Radcliffe as a man who grows devil horns after he's accused of murdering his girlfriend.

"I wasn't in a great place mentally when I wrote it, (but) I'm very proud of *Horns*. I think it's a really fun novel."

"I had tremendous success with *Heart Shaped Box* and I fell into that cliché, the second novel trap. I wrote 400 pages of a novel I threw away. It was called *The Surrealist Glass* and it didn't work. It was no good. Although in some ways the

Surrealist Glass was the first draft of *Horns* because there were ideas and elements and even one or two chapters that were almost lifted wholesale and slotted into *Horns*."

The book finally came into focus when Hill, the son of none other than Stephen King, remembered a line he once read in a review of a sci-fi movie: 'This movie doesn't quite succeed because it isn't about anything except itself.'

"The science-fiction film (that the critic) was talking about was a prequel to a

well-known franchise about trade federations and robots blowing each other up," says Hill, the eldest son of horror legend Stephen King, "and it wasn't about anything except lasers, guns and robots. It didn't ask any of the great, almost unanswerable questions that people turn to fiction to explore."

"The one thing I always look for in a story is for it to have some sort of internal life."

"To be about something more than just a ghost or a vampire or a devil; to ask some kind of interesting question so it is about something bigger than itself. That's very possible to do in fantasy."

"I think any story about the devil is the same way. What happens when all the dirty secrets come out? What would it be like to be tempted by the things you fear most?"

The resulting book earned critical praise — Publisher's Weekly called it a "compulsively readable supernatural thriller" — and snagged him a Bram Stoker Award nomination for best novel. "Now when he's asked what he



Daniel Radcliffe stars in *Horns*, which opens next Friday. CONTRIBUTED

thinks of Alexandre Aja's film adaptation of his "unhappy, paranoid novel" he is effusive. "I think the film is wonderful," he says.

"It has a lot of cross-genre elements. It's funny. It has romance. It has a tragic aspect. It has a horror movie aspect

to it."

"Someone asked me when I was in Toronto for the premiere, 'What genre is it?', and I said, 'It's a tragecomehorredy.' I have no idea what the rest of the world will make of it, but I think it's a lot of fun."

TORONTO STAR

"ST. VINCENT IS A MOVIE WITH LAUGHTER, SOUL AND A TWISTING PATH TO THE HEART."

PETER HOWELL

NEW YORK POST
"BILL MURRAY WILL NOT BE FORGOTTEN COME OSCAR® TIME."

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My private life is off-limits, says star of *Stalker*

TV.
Maggie Q, who once had her own brush with stalking, believes people should safeguard their privacy



Maggie Q stars with Dylan McDermott in the series *Stalker*. MONTY BRINTON/CBS

For Maggie Q, her new series, *Stalker*, hits close to home. But not too close, if Maggie can help it. She sees privacy, and guarding her personal space, as vital to her freedom.

Even so, she has had her own brush with a stalker.

"He thought he had a relationship with me that wasn't happening," she says, recalling the delusional fan. "I didn't know that person!"

As a past star of Asian-based action films, after which she played the title character of *Nikita* for four seasons, Maggie has done her best to evade off-screen attention.

Now, in the early weeks of her new series, which airs Wednesdays at 10 p.m. ET/PT on Global, she has braced for an even greater challenge to staying out of the public eye.

On *Stalker*, she and Dylan

disrupt the flow. "I'm very bad on social media. I post nothing. I don't have Instagram, and I've never had Facebook."

Maggie finds celebrity worship bewildering.

"Look at the people who are in the news," she says, pointing to gossip-media royalty. "I don't find them fascinating. I think they're a bunch of idiots. But everybody's interested in their lives. I don't understand that. I never understood when it was happening to me."

That was in Asia more than a decade ago, when, to her chagrin, she realized she had punched her way to fanzine fame as a breakout action star.

Why were celebrity rags dogging her? She doesn't seem sure herself. "I don't find myself that interesting!" she says during a recent interview.

Now 35, she was born Margaret Denise Quigley to an American father and a Vietnamese mother, and after growing up in Hawaii with an athletic bent, she found success as a model in Hong Kong to earn money for school.

Her modelling career didn't last long. Jackie Chan signed her for a slate of action films.

THE ASSOCIATED PRESS

No hideaway for super-busy Kiesza

Music. Calgary artist feeling 'vulnerable' as her debut album Sound of a Woman is released this week

With the one-shot, non-stop Hideaway, Calgary's Kiesza introduced herself to the world with a fluttering tune and a flurry of nimble footwork — and it seems like she hasn't stopped moving since.

The song topped charts in Italy, Belgium, the Netherlands and the U.K. while reaching the Top 5 in many others, including Canada, in the spring. Her debut album, Sound of a Woman, is being released this week.

She's still writing songs for other artists, she contributed music to a 2015 Dreamworks film, and she has designs on making her own cult flick eventually — not as a composer, but a filmmaker.

Of course, that's joined by other potential pursuits, including a fashion line. A



Kiesza performs her hit song *Hideaway* at the Much Music Video Awards in June. STEVE RUSSELL/TORSTAR NEWS SERVICE

European tour is also imminent.

Kiesza, who now lives in New York, couldn't be

blamed if she decided to delegate some responsibilities. Yet there she was recently touring possible set-

tings for her second video, *No Enemies*.

"The producer just stopped for a minute and

Quoted

"This is the music that's etched into my DNA, since being in the womb. It just flows out of me naturally."

Kiesza, singer and songwriter

said, 'The artist never comes to the location scout. You realize this? If you have other things to do ...' Kiesza recalled during a recent interview in Toronto. 'I'm like, 'No, I need to see the rooms.'"

So even though the turnaround on Sound of a Woman was fairly quick, it's tough to doubt Kiesza's commitment to the material.

Aside from the years-in-the-works synth bath *So Deep*, these 13 songs came together very quickly — something Kiesza's comfortable with, given that breakout *Hideaway* was written during an hour-long ride to the airport.

That sleekly propulsive number leads off the album. Hip hop crops up on the vamping *Losin' My Mind* and even more so on *Bad Thing*, a showcase for dexterous Brooklyn teen rapper

Joey Badass, one of a series of genres Kiesza hopscoches through: soul, Chicago house, R&B and EDM.

"I was in a death metal band, a jazz band, a rock band, a solo pop thing where I wore spandex and aviator goggles dyed different colours," she recalled. "I felt like I was just trying on different hats and they didn't fit."

"And then writing *Hideaway*, which happened out of nowhere, and realizing this is so right, realizing that this is the music that's etched into my DNA, since being in the womb. It just flows out of me naturally."

A bigger-than-anticipated audience is paying attention now, and she knows it.

"It's hard to open up all your emotions to the world," she said. "I feel very super-vulnerable."

THE CANADIAN PRESS

3 songs for the weekend



Sound Check

ALAN CROSS



Pure Imagination/
Primus

The band is trying the Willy Wonka trick of including five golden tickets among all the physical releases of their new album, *Primus and the Chocolate Factory*. Whoever finds those tickets will get free Primus concert tickets for life. Hey, it's worth a shot, right?

Primus goes Willy Wonka, a Halloween treat from Noel Gallagher and a System of a Down mashup



In the Heat of the Moment/Noel Gallagher's High Flying Birds

The elder brother's next solo album, *Chasing Yesterday*, won't be out until March 2, but he thought he'd drop this first single on us now, in plenty of time for Halloween.



The Wolf of System of a Down/Marca Blanca

OK, so it's not an official video — someone has carefully cut scenes from *The Wolf of Wall Street* to a System of a Down soundtrack — but it should be. Really, it should be.

Mind the App

Flipping out with Kenny



MIND THE APP

Kris Abel
@RealKrisAbel
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South Park: Pinball iPhone/iPad/Android \$3.99

Packed with characters, quotes, and gags from the popular series, these two realistic pinball tables include multiball modes, mini-playfields, and outlandish animated skits.



Video game review

Name. Alien: Isolation

For. Xbox One or 360/PS3 or 4

Rated. Mature 17+

• • • •

There's no fighting in *Alien: Isolation*. You survive by steeling yourself against the silence of the ship, against the unnerving sounds of its vents and computers, and against the terrifying knowledge that you're being hunted by a nightmare in the walls. The tension is right out of Ridley's film and it will send you hiding into a locker, holding your breath. You need to overcome unhelpful people and frustrating androids, craft tools and weapons. But mainly you must avoid panicking, which is wonderfully hard to do. KRIS ABEL



See that symbol? It means you can scan this image with your Metro News app to listen to Alan's recommended songs this week.



Zach Galifianakis ALL PHOTOS: GETTY IMAGES

One good fern deserves another as Brad gives as good as Zach gets

Here's a little fresh Internet to brighten your day: Funny or Die has a new episode of Zach Galifianakis' cringe-inducing faux-talk show, Between Two Ferns, this time featuring Fury star Brad Pitt. "You play a lot of people that are Nazi-haters, which is weird to me," Galifianakis tells Pitt (identified on-screen as Bart Pit from 12 Years a Slave). "Because you look like

Hitler's dream." Other moments of wonderful awkwardness include Galifianakis gifting Pitt a bong, asking him if it's hard to maintain a suntan while living in Angelina Jolie's shadow and introducing Louis C.K. mid-interview to do a little standup. But it's his last question — which prompts quite a response from Pitt — that steals it.

Twitter



@bjnovak

Two lies about Seinfeld:
1. It was about nothing.
2. Its characters were unlikeable.

• • • •



@mindykaling

I took my young female assistant to Johnny Rockets for the first time like I'm humbert humbert

• • • •



@lenadunham

America is doing an even better job than my grandma of making Ebola all about herself

• • • •

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



McConaughey opens mouth, puts in one foot, then the other



NED EHRBAR

Metro in Hollywood

Oh, Matthew McConaughey. Sometimes you should just keep your mouth shut. As a lifelong fan of the Washington Redskins, the Interstellar star hopes that all the hubbub about the team's name and emblem being insensitive and maybe needing to change will just blow over. "I love the emblem. I dig it. It gives me a little fire and some oomph. But now that's in the court of public opinion, it's going to change. I wish it wouldn't, but it will," he tells GQ.

But what really bothers him? The trendiness of it all. "What interests me is how quickly it got pushed into the social consciousness. We were fine with it since the 1930s, and all of

a sudden we go, 'No, gotta change it?' It seems like when the levee breaks, everybody gets on board," he says. I could list some other things "we" were fine with since the 1930s that eventually needed to be changed, but I don't think it would sink in.

McConaughey then goes on to employ the ever-popular "some of my best friends" defense, adding, "I know a lot of Native Americans don't have a problem with it, but they're not going to say, 'No, we really want the name.' That's not how they're going to use their pulpit."

And, to cap it all off, he pulls in a wonderful little switcheroo and starts talking about the second amendment. "It's like my feeling about gun control: I get it. You have the right to have guns. But look, let's forget that right. Let's forget the pleasure you get safely on your range, because it's in the wrong hands in other places."

Dear lord, I hope this isn't a subtle signal that he's going to go into politics at some point.

Avatar Secrets



Episode 9: Empathy



On her own again, Trisnova is focused on getting to the end of the game. She is strong, confident and capable, but as she progresses through the game, she comes across another player, struggling in battle. "Accepting your vulnerability and knowing how to cope with it is the opposite of being weak," says Dr. Sue Johnson, author of Love Sense. Scan this photo for a video of Johnson talking about strength.

COMMISSIONED BY TWO, AVATAR SECRETS IS AN ONLINE DOCUMENTARY THAT EXPLORES THE ALLURE OF THE VIRTUAL WORLD AS A NEW FRONTIER FOR CREATING EMPATHETIC CONNECTIONS AND PURSUING SELF-DISCOVERY.

Visit metronews.ca/avatarssecrets over the next few days as we post daily chapters from Avatar Secrets.

- Collector cards. You can also download 10 collector cards from the series!

Gal pal donned black tie to escort a dateless Keira to the prom



Keira Knightley

You're going to find this very hard to believe, but Keira Knightley insists she couldn't find a guy to take her to the prom. First of all, they have proms in the U.K., too? And second of all, are you kidding me, young British teenagers 10 years ago? What's wrong

with you? So instead, Knightley ended up going with a female pal. "Neither of us got invited by anybody else. No guys came anywhere near us," Knightley says. "But she had black tie because it was black tie." Well, at least someone treated her like a lady.

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Ricardo is a Canadian chef, television host and author on a mission: To unite people through the pleasure of food. Discover his delicious and simple recipes every Friday — just in time for the weekend

Smoking: What's bad for you is good for meat



This recipe serves four. COURTESY RICARDOCUISINE.COM

Smoked Ribs. Still have your barbecue out? Fire it up! If you've put it away don't worry, you won't miss out



RICARDO COOKS
Chef Ricardo
Ricardo Magazine

Pork ribs are often typecast as casual, game-night nosh, but they can easily be transformed into something a little more upscale.

1. Place a large rectangular disposable aluminum plate under the grill grate (the aluminum plate should be as large as the surface of the ribs side by side to avoid direct contact with the flame). Fill with the wood chips. Preheat the grill on high until the wood begins to smoke, about 15 to 20 minutes.

2. Meanwhile, in a bowl, combine the spices, brown sugar, salt and pepper. Set aside.

3. In a measuring cup, combine the beer and maple syrup. Set aside.

4. Rub both sides of the ribs with the dry rub. Place on the grill, side by side, bone side down. Cover with aluminum foil.

5. Reduce the heat of the grill

to medium-low. Close the lid (keep the lid closed throughout the cooking period to preserve the smoke and heat) and cook for 30 minutes.

6. Turn the ribs and pour some of the beer mixture over the bones. Cover and continue cooking for about 30 minutes. After the first hour of cooking, baste and turn the ribs every 15 minutes, for about 30 to 45 minutes or until tender. Check the ribs frequently towards the end of cooking as they caramelize and burn easily. Alternatively, you can cook the ribs in a 300 F (150 C) oven for 1 hour and 30 minutes or until the meat is tender. Baste as above after first hour. Broil for 5 minutes to brown the meat just before serving. **FOLLOW RICARDO ON SOCIAL MEDIA AND ON RICARDOCUISINE.COM OR SUBSCRIBE TO HIS MAGAZINE'S ENGLISH EDITION, WHICH LAUNCHED THIS SEPTEMBER!**

Ingredients

- 6 cups mesquite wood chips
- 1 tbsp chili powder
- 1 tbsp paprika
- 1 tbsp brown sugar
- 1 tsp salt
- 1/2 tsp ground black pepper
- 1 cup (250 ml) beer, amber or dark
- 2 tbsp (30 ml) maple syrup
- 5 lb (2.2 kg) pork baby back ribs, trimmed (to trim the ribs, just remove the white membrane on the back of the ribs with paper towel

Liquid Assets

Wine flick pairings



LIQUID ASSETS
Peter Rockwell
@therewineguy
liquidassets@eastlink.ca

Even if you adore French wine, odds are you'd rather watch grape juice ferment than a documentary about the highs and lows of being an affluent chateau owner in Bordeaux.

Some can be as stiff as their expensive shirt collars, which is what kept me away from *Red Obsession* when it briefly hit theatres.

I finally caught it on Netflix and, to paraphrase a famous line from another movie delivered by *Obsession*'s narrator Russell Crowe, I was "entertained."

While the focus of the doc is on China's sudden love affair with Bordeaux, it's the people behind the wines who are the stars.

They all come off as down to earth and entertaining, especially Château Pétrus' Christian Moueix.

If you've got bags of money you can sip on Pétrus while you watch the flick. If not, I recommend the 2009 Christian Moueix Merlot (\$16.98 - \$21.99) as the best pairing.

Often called baby Pétrus, its ripe, well-balanced mix of cassis and cherry with balanced tannins and acid is a showstopper.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.



Slather on a truly Canadian staple

1. In a large pot, cover the ribs with cold water. Bring to a boil, skimming frequently. Cover and simmer for 50 minutes. Drain.

2. Preheat the oven to 350 F (180 C).

Ingredients

- 4 1/2 lb (2.2 kg) baby back ribs, small and skinny
- 1 cup (250 ml) maple syrup
- 1/4 cup (60 ml) ketchup
- 1 tsp (5 ml) horseradish purée
- 1 tbsp (15 ml) Worcestershire sauce
- 1 tbsp (15 ml) white wine vinegar
- 1 tbsp (15 ml) Dijon mustard
- Salt and pepper



This recipe makes four servings. COURTESY RICARDOCUISINE.COM

3. In a bowl, combine the remaining ingredients. Coat the ribs with the marinade. If time allows, marinate in the refrigerator for a few hours. Drain the ribs. Place on a baking sheet

lined with aluminum foil. Bake for about 30 minutes, basting frequently. **RICARDO**

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Winter sports

Medals shift sports funding

The Canadian freestyle skiing program is getting a significant bump in Own The Podium funding this winter, while money for skeleton has been slashed almost to the bone.

Own The Podium doles out federal government money based on a sport federation's ability to produce Olympic medalists. Freestyle skiers led Canada's medal haul at this year's Winter Olympics.

Out of OTP's budget of \$21,605,000 for the 2014-15 winter season, freestyle skiing will have \$3.78 million at its disposal. That's a significant raise on the average of \$2.58 million annually in the four years between the 2010 and 2014 Winter Olympics.

Skeleton, by contrast, will receive just \$20,000 this winter and far less than the average of \$876,250 in the previous quadrennial.

THE CANADIAN PRESS

Back out

Nash injured, out for season

Los Angeles Lakers guard Steve Nash has been ruled out for the season with a back injury, putting the two-time NBA MVP's career in doubt.

The Lakers and Nash announced their decision Thursday, less than a week before the start of the 40-year-old Nash's 19th NBA season.

Nash played in just 15 games last season with nerve root irritation, but had high hopes for a comeback season.

THE ASSOCIATED PRESS

Kane will return to practice 'soon'

Sniper missed. Jets mired in slump while Kane out with injury

As they prepare to fight for their second home win of the season, the Winnipeg Jets and their struggling offence can look forward to Evander Kane returning to the lineup sometime soon.

The Jets (2-4-0) host the Tampa Bay Lightning (4-2-1) Friday night. While they won't have Kane back that soon, head coach Paul Maurice said Thursday his sniper should be back in practice soon.

"Evander Kane is progressing quite well, to the point where we have an expectation here in the next few days that he'll be back on IR (injured reserve) skates," Paul Maurice. "Not main group skates, so nobody runs into a guy."

"But he'll be back on the ice some time this week and then after that it's as much about strength and healing time."

Kane has been off for two



Evander Kane of the Winnipeg Jets is helped off the ice by Blake Wheeler and Dustin Byfuglien after an injury during the first period of the game against the Arizona Coyotes on October 9 in Glendale, Arizona. CHRISTIAN PETERSEN/GETTY IMAGES

weeks after hurting his knee in a collision with linemate Mark Scheifele in Winnipeg's season opener and first win, 6-2 over the Arizona Coyotes. They then went on a four-game slide they only reversed with their second win Tues-

day night, their first at home, 3-1 against the still winless Carolina Hurricanes.

The team wants for more from Kane this season after he missed a good chunk of last year with injuries that limited him to 63 games. They put him on a line with Scheifele and last season's scoring leader Blake Wheeler.

They were hoping for a return to something like the career-high, 30-goal performance in 74 games he delivered in 2011-12, when the team relocated from Atlanta to Winnipeg.

Since that first game in

Arizona, however, goals in general have been hard to come by for the Jets. Until Tuesday's win they were shut out twice and had scored just one goal in each of their other two losses.

"The big one for us is getting the puck to the net," says Maurice. "A lot of our shots have missed the net or been blocked."

Defenceman Zach Bogosian says Tampa Bay goalie Ben Bishop is good, but the Jets have the same issues with him that they face with any netminder in the NHL.

THE CANADIAN PRESS

Legendary coach immortalized in bronze



Bud Grant, a coaching legend in both the CFL and NFL, was honoured Thursday with a bronze statue outside the main entrance to Investors Group Field, the home of the Winnipeg Blue Bombers.

Grant coached the Bombers for 10 seasons starting in 1957, took them to six Grey Cups and won four.

He then coached the NFL's Minnesota Vikings for 18 seasons, including four Super Bowl appearances.

He had a combined regular-season coaching record of 260-152-7 and is one of

the most successful professional football coaches of all time.

As a player, he was selected in both the NFL and NBA Draft and played two seasons with the Minneapolis Lakers before switching to the NFL with the Philadelphia Eagles.

He moved north to the CFL over money at a time when the NFL didn't pay as well as the CFL and played with the Bombers until 1956.

He played defensive end, wide receiver and offensive end during his professional

football career.

"It's a great tribute," Grant, 87, said at the unveiling of the bronze statue that shows him in the trademark tan raincoat he wore to so many Bomber games.

"Most statues of this variety are (erected) when people are dead. I'm not dead yet. It's a pleasure to be here."

He lives in Minnesota but has maintained his friendships in Manitoba where he would often return to enjoy his other passion: duck hunting. THE CANADIAN PRESS

4
SPORTS

16-year vet finally in World Series

Star pitcher. Giants' Tim Hudson reaches his first Fall Classic at age 39

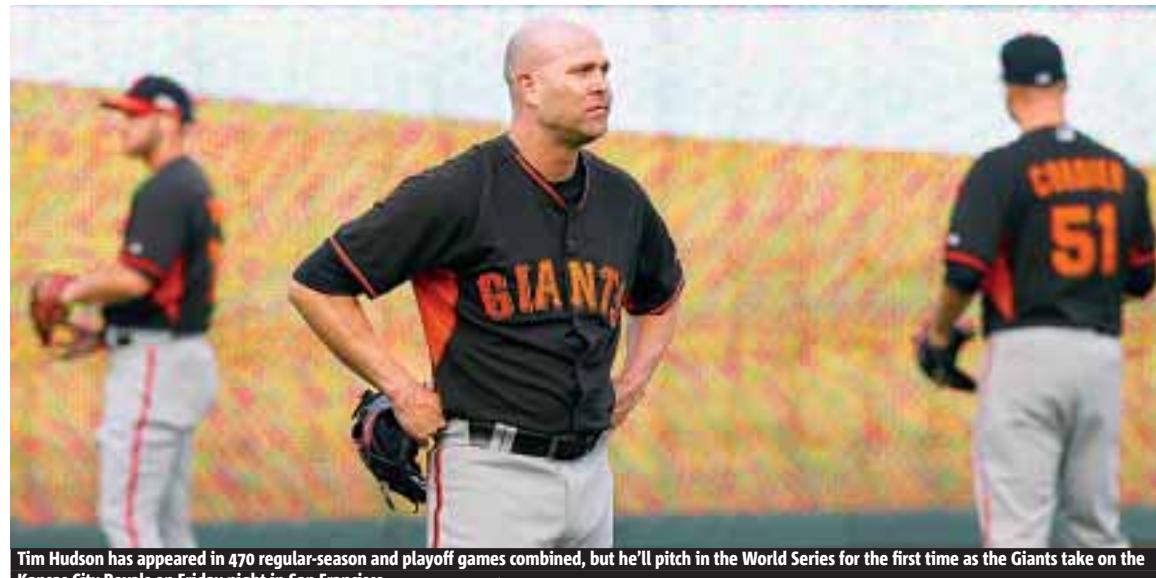
In the middle of a champagne-and-beer-soaked clubhouse after the San Francisco Giants won the NL Championship Series, Tim Hudson was given the chance to speak to his team.

The message was as simple as Hudson's approach on the mound: "World Series, baby!"

After 16 years, 214 regular-season wins and seven failed trips to the post-season, Hudson has finally made it to baseball's biggest stage at age 39.

Hudson is set to take the mound Friday night for the Giants when they return home to face Jeremy Guthrie and the Royals in Game 3 of the World Series after a two-game split in Kansas City.

"I think everybody thinks about it every year they play," Hudson said. "Obviously when you go 16 years without having been able to experience something like this, you wonder if



Tim Hudson has appeared in 470 regular-season and playoff games combined, but he'll pitch in the World Series for the first time as the Giants take on the Kansas City Royals on Friday night in San Francisco. DILIP VISHWANAT/GETTY IMAGES

it's going to happen. I'm no different than anybody."

Hudson's brilliant career began on the other side of San Francisco Bay as he helped Oakland make four straight trips to the post-season that

ended with Game 5 losses in the division series.

Hudson got back to the playoffs with Atlanta, losing in the division series in 2005 to Houston and 2010 to San Francisco. The Braves made it

again last year when Hudson was hurt but lost again in the division series.

After signing a \$23-million, two-year contract this off-season with San Francisco, Hudson finally got to experience

post-season success.

"Coming off my injury last year, I knew that I probably don't have a lot of years left," Hudson said. "That was a huge reason I came here to San Francisco. It's unfolding just how I

Generational player

Tim Hudson has a 214-124 career record with a 3.45 ERA. The only pitchers with more wins and a better winning percentage since the Second World War are Roger Clemens, Randy Johnson, Mike Mussina, Jim Palmer and Pedro Martinez.

figured it would."

Hudson got no-decisions in his first two post-season starts, allowing five runs in 13 2/3 innings against Washington and St. Louis.

The limited work of late has paid dividends. Hudson looks much fresher than he did in September when he went 0-4 with an 8.72 ERA in five starts to end the season while dealing with a bum hip.

"He's a veteran, been around a long time, seen a lot of stuff," Giants ace Madison Bumgarner said. "He brings a lot to the table, and I feel like he's still as good as he's ever been."

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- Brian

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AUGMENTED REALITY

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Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Let relationship issues take care of themselves today and over the weekend. You have spent too much time worrying about how others are coping with their emotional upsets. Your own needs require attention.

♉ Taurus

April 21 - May 21

It may seem like a partnership has reached a point where it can no longer do anything for you, but you are wrong. What happens today will make you realize it still has much to offer.

♊ Gemini

May 22 - June 21

Don't brood about big things you cannot change. Instead, focus on small things you can do right now. Small steps will become giant strides.

♋ Cancer

June 22 - July 23

It's not often you need to be told to keep your feet on the ground but with so much fantastic cosmic activity it will be easy to get carried away.

♌ Leo

July 24 - Aug. 23

There may be some irritating things going on but don't overreact. A loved one is not behaving badly because it is their nature but because they need time alone.

♍ Virgo

Aug. 24 - Sept. 23

No matter how emotionally draining recent events may have been, you are past the worst. Expect to be rewarded.

♎ Libra

Sept. 24 - Oct. 23

Don't let financial issues dent your confidence. The Sun in Scorpio over the next few weeks will bring new possibilities. Keep your eyes and ears open.

♏ Scorpio

Oct. 24 - Nov. 22

Life moves in never-ending cycles and because the cycle you have now entered is positive in the extreme you have every right to feel pleased.

♐ Sagittarius

Nov. 23 - Dec. 21

Your imagination is active, which means you should make a point of focusing on good things only. If you let negative thoughts take hold they will be very hard to shake off again.

♑ Capricorn

Dec. 22 - Jan. 20

Have you recently taken a decisive step, one that could have a huge effect on the working pattern of your life? If so, you are advised to stop and think about it some more.

♒ Aquarius

Jan. 21 - Feb. 19

The Sun in the area of your chart that governs your social and professional reputation makes this one of the most vital times of the year. Whatever your goals, get serious.

♓ Pisces

Feb. 20 - March 20

After a few gloomy weeks, you can't help but be delighted with life. Make it your business today to help those who are still trapped in the darkness.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

- 2014 Toronto mayoral candidate Mr. Goldkind
- Poet's preposition
- Prepares the morning bread
- Ern as Erne = ___ sp.
- Not ever, poetically
- "Such an amazing feat!"
- "___ Blind" by 54-40
- Robert Urich's mid-'70s police series, "___-___-___"
- Bug
- Performs in the ballroom
- Brick carrier
- Pump part
- Setting of #52-Across, ___ Centre
- Astronomer of note (b.1564 - d.1642)
- Yarn
- Norse deity
- For instances, for short
- Sailor's stop!
- ___ station
- Most near
- Airport posting, for short
- ___-fatty acids
- And so forth, commonly
- Burger alternative
- Quick, office-style
- International Festival of ___, on now in Toronto

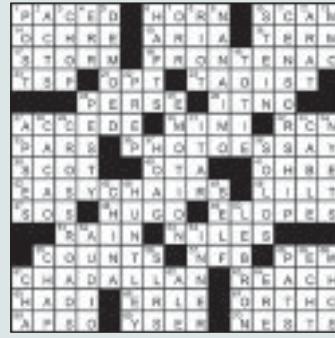
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- French
- Many
- Tint
- More embarrassed
- Balm additive
- Arm drawing, fun-style
- Dessert menu item
- Space twinkler, in

- Funnyman Mr. Brooks
- Soothering drink
- 'Straight'-meaning prefix
- Nunavut expanse
- "You're Still the ___" by Shania Twain
- Hockey scoring award, ___ Ross Trophy
- Short but heated fight

- Enthusiastic
- Sitar song
- It's pumped at gyms
- Open the envelope
- Pre-movie feature long ago

Yesterday's Crossword



Online

See today's answers at
metronews.ca/answers



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

9	8	5	7	3	1	4	8	2
5	3						7	8
4								

9	8	2	4
5	3		
4			
6	7	5	3
2	4	1	5
7			
4	1		9
6	2	7	5
9	7	3	8

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